

January 2026 updates to the Your Choice and Advantage Choice formularies are now available to review



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At UPMC Health Plan, we are constantly looking for ways to ways to maximize the value of our benefits. This process sometimes involves adding or removing medications from our formularies.

All formulary changes are made with the help of local providers and pharmacists and after careful consideration by our Pharmacy and Therapeutics Committee. For a list of changes that will take effect on Jan. 1, please see the [Your Choice](#) (Mid and Large Market groups) and [Advantage Choice](#) (Individual and Small Market groups) charts.

The full 2026 Your Choice and Advantage Choice formulary books are available at upmchealthplan.com/members/health-plan-basics/pharmacy-services.

UPMC Health Plan has contacted members whose medication coverage will be negatively affected by these changes. Changes could involve their medicine being removed from the formulary; their medication now requiring prior authorization; their medication moving from preferred to non-preferred status; or their medication moving to a higher tier, resulting in the member having to pay a higher out-of-pocket cost.

If you have any questions about this matter, please contact the Pharmacy Resource Unit at **1-866-413-8762**.



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