

SECTION 129 NONDISCRIMINATION RULES: A GUIDE FOR EMPLOYERS

In order to qualify for Section 129 tax exclusions, a DCAP must satisfy certain nondiscrimination rules. These rules generally prohibit plan designs that intentionally or unintentionally favor highly compensated employees.

Generally, Section 129 of the Internal Revenue Code (IRC) provides an income tax exclusion for benefits received through an employer-sponsored dependent care assistance program (DCAP), also referred to as a dependent care flexible spending account (DCFSA). The maximum annual DCAP exclusion depends on the employee's federal income tax filing status: \$5,000 for most filers (single or married filing jointly); \$2,500 for married filing separately. The maximum annual DCAP exclusion is measured per calendar year, regardless of whether the employer administers the plan according to a non-calendar plan year. Further, the maximum annual DCAP exclusion is measured per employee (not per employer); employees with more than one employer during a calendar year must take care not to exceed the maximum annual exclusion. The DCAP maximums are not subject to annual cost of living adjustments.

In order to qualify for Section 129 tax exclusions, a DCAP must satisfy certain nondiscrimination rules. These rules generally prohibit plan designs that intentionally or unintentionally favor highly compensated employees (HCEs, as further defined below). So, while employers have flexibility to design the terms of DCAP eligibility, benefits, and contributions as they desire, they need to consider the DCAP nondiscrimination tests – particularly the 55% average benefits test (which looks at actual DCAP benefit utilization) – when designing and administering their DCAP plans.

Employers, human resource managers, plan administrators, and company executives should be aware of the nondiscrimination rules under Section 129. This publication examines the DCAP nondiscrimination requirements, problematic plan designs, timing of testing, the definition of HCE, the types of tests that must be satisfied, the consequences of a discriminatory plan design, and the methods for correcting nondiscrimination failures. It includes a chart of **IRS Limits on Retirement Benefits and Compensation**, including the HCE thresholds for current and prior years (Appendix A), and a **Sample Employee Communication** for notifying HCEs of benefit election adjustments that may be required to satisfy nondiscrimination testing (Appendix B).

Note: While the focus of this publication is on DCAPs, self-insured group health plans (including health reimbursement arrangements (HRAs)) and cafeteria plans (pre-tax contribution arrangements, including health FSAs) are subject to a different set of nondiscrimination rules, found in IRC Sections 105 and 125, respectively. For further information on those two sets of rules as well as a high level summary of nondiscrimination rules, see the NFP publications **Sections 105 and 125 Nondiscrimination Rules: A Guide for Employers** and **Quick Reference Chart: Nondiscrimination Rules**. For further information about the application of Section 79 nondiscrimination rules to employer-provided group term life insurance – another popular employee benefit – see the NFP publication **Group Term Life Insurance: A Guide for Employers**.

TYPES OF PLANS SUBJECT TO NONDISCRIMINATION RULES

Section 129 applies to benefits received by employees through an employer-sponsored



DCAP. DCAP benefits include not only reimbursements from the DCAP itself, but also direct payments of dependent care expenses by the employer and the fair market value of any on-site dependent care services that are not paid for by the employee on an after-tax basis.

GENERAL REQUIREMENTS AND PROBLEMATIC PLAN DESIGNS

General Requirements

Section 129 contains four basic nondiscrimination tests (described in greater detail in the Details of Section 129 Nondiscrimination Tests section below):

- **An eligibility test.** The DCAP must benefit employees who qualify under an eligibility classification that does not discriminate in favor of HCEs.
- **A benefits and contributions test.** The benefits or contributions provided under the DCAP must not discriminate in favor of HCEs.
- **The “5% owner test.”** Not more than 25% of the total benefits under the DCAP can be provided to individuals who own more than 5% of stock, capital, or profit interest of the employer company.
- **The “55% average benefits test.”** The average benefits provided to non-HCEs must be at least 55% of the average benefits provided to HCEs.

Problematic Plan Designs

DCAPs that exclude certain categories of employees from participation (e.g., part-time, hourly) or that are only available to employees of one member employer of a controlled group may have problems satisfying the nondiscrimination testing requirements. In addition, because the 55% average benefits test is a utilization test, even DCAPs that are available to all employees on the same terms often struggle to pass nondiscrimination testing.

GENERAL CONCEPTS: CONTROLLED GROUPS AND TESTING TIMEFRAME

Controlled Groups (Companies Under Common Ownership)

Generally, the Section 129 nondiscrimination testing rules apply on a per plan basis, and single employer plans are tested on their own. That said, the controlled group and affiliated service group rules of Section 414(b), (c), and (m) are expressly applied to Section 129 nondiscrimination testing. This means that where two or more employers are under common ownership, employees of all employers must be included in determining the HCE group and in performing the nondiscrimination tests. Employers should confer with legal counsel as needed to determine whether a group of companies is under common ownership.

When to Perform Nondiscrimination Testing

The rules do not prescribe a specific date or timeframe for performing nondiscrimination testing; they simply say that the DCAP must not be discriminatory. For both calendar year and non-calendar year DCAPs, the recommended approach is to use the calendar year when performing nondiscrimination tests, since the DCAP exclusion and related DCAP reporting (Form W-2 for the employer and Forms 1040 and 2441 for the participant) are based on a participant’s taxable year (i.e., the calendar year), regardless of whether the DCAP is administered on a non-calendar year basis.

To help ensure that the plan will pass testing, a general best practice is to perform nondiscrimination testing shortly after open enrollment (prior to the start of the plan year for calendar year DCAPs) or early in the calendar year (for non-calendar year DCAPs). This gives employers ample time to determine whether additional steps must be taken before the end of the calendar year.

Employers should also monitor and revisit the testing at least once during the calendar year, particularly if there are significant changes in employee composition, such as new hires, salary changes, etc. In addition, employers should perform the tests (or confirm prior tests) at the end of the calendar year to confirm compliance by the last day of the calendar year. Employers should note that the tests take into account all non-excludable employees who were employed on any day during the calendar year, including employees who are no longer active participants as of the testing date. Lastly, if the employer is involved in a business reorganization (such as a merger or acquisition), the testing should be reviewed as part of the reorganization process. For further discussion of nondiscrimination testing and other compliance concerns in the context of mergers and acquisitions, see the NFP publication [Health Benefits Compliance Considerations in Mergers and Acquisitions: A Guide for Employers](#).

Definition of Highly Compensated Employee

Generally, status as an HCE for DCAP testing purposes is determined using the same definition of HCE that is used to identify HCEs for testing qualified retirement plans (e.g., 401(k) plans) for discrimination. The definition of HCE under Section 129 is outlined in the following chart:

HCE Under Section 129

More-than-5% shareholder/owner

Compensation in excess of the indexed threshold for HCEs (see Appendix A)

Section 129 explicitly directs employers to use the prior plan year's compensation amounts in determining whether an employee has compensation greater than the indexed threshold. (Note that the HCE definition relies on plan year compensation figures even though the Section 129 nondiscrimination testing relies on calendar year benefits data.) An employee is a 5% owner of the employer company for a particular year if at any time during that year the employee owns more than 5% of the value of the outstanding stock of the corporation or stock that represents more than 5% of the total combined voting power of all stock of the corporation. If the employer is not a corporation, a 5% owner is any employee who owns more than 5% of the capital or profit interest of the employer company.

DETAILS OF SECTION 129 NONDISCRIMINATION TESTS

Nondiscrimination testing is implicated any time an employer offers a DCAP plan, regardless of whether the employer varies eligibility, contributions, or benefits. While DCAPs can be offered on the same terms to all employees, the 55% average benefits test, which is a utilization test, leaves employers particularly vulnerable to nondiscrimination failures.

To be considered nondiscriminatory under Section 129, a plan must satisfy four tests: the eligibility test, the benefits and contributions test, the 5% owner test, and the 55% average benefits test.

Eligibility Test

Under the eligibility test generally, a plan must not discriminate in favor of HCEs as to eligibility to participate. A plan that is offered on the same terms to all employees will satisfy this test. However, if some employee classifications are not eligible to participate, then the plan must be designed to benefit a classification of employees that is found by the Secretary of the Treasury (i.e., the federal government) not to discriminate in favor of HCEs. This is known as the "reasonable classification test."

With respect to the reasonable classification test, IRS regulations simply provide that the classification must be reasonable and must not favor HCEs. Without explicit direction, many practitioners believe a plan will satisfy the reasonable classification test if it satisfies the two-step nondiscriminatory classification test applied under Section 410(b). The first step requires that the classification of employees is based on a bona fide employment classification consistent with the employer's usual business practice. Examples of such bona fide classifications include full-time versus part-time status; current versus former employee status; union versus non-union status; different geographic location, occupation type, or business line; and date of hire. The second step requires that the classification of employees also be considered nondiscriminatory based on a certain safe harbor percentage rate described in IRS regulations. Since this test involves making a determination based on the facts and circumstances of each particular case, employers that seek to satisfy the reasonable classification test should consult with their testing vendor or legal counsel.

With respect to the eligibility test, certain employees may be excluded when making the calculations. Excludable employees include:

- Employees covered by a collective bargaining agreement (if DCAP benefits have been a subject of good faith bargaining)
- Employees with less than one year of service
- Employees who have not attained age 21 as of the testing date

Exclusion of employees in any of these categories is optional, and excluded employees may be disregarded when applying the eligibility (and any other) test. However, an otherwise excludable employee that is eligible for and participating in the plan must be included in the testing.

Benefits and Contributions Test

With respect to the benefits and contributions test, both HCEs and non-HCEs must generally be provided with the same benefits.

That is, DCAP benefits and contributions must not favor HCEs. This is generally a facts-and-circumstances test that considers whether HCEs receive different or greater benefits—or pay less for the same benefits—than others. There is no quantitative test for determining whether this requirement is satisfied. Practically speaking, the majority of DCAPs are funded solely through employee salary reduction and are provided on the same terms to all eligible employees (or limits are imposed only on the amounts that HCEs can contribute to pass the 55% average benefits test). For this reason, most DCAPs will automatically satisfy the benefits and contributions test. However, if one member of a controlled group makes separate employer contributions to its DCAP (e.g., “seed” money, matching contributions, or employer-paid on-site dependent care services) and others do not, the plan could potentially fail this test.

5% Owner Test

In contrast to the eligibility and benefits/contributions tests, the 5% owner test is a utilization test: it looks at actual DCAP benefits paid to shareholders and owners versus non-owners. At a high level, the test is meant to confirm that principal shareholders and owners of the employer are not disproportionately receiving DCAP benefits. To satisfy this test, not more than 25% of the amounts paid or incurred by the employer for DCAP benefits during the year may be provided to 5% owners of the employer. Practically speaking, because owners generally don’t participate in a DCAP (most owners are considered self-employed and are therefore unable to participate in a Section 125 pre-tax contribution DCAP) or because they don’t participate to a level of receiving 25% or more of the DCAP benefits, most plans satisfy the 5% owner test.

55% Average Benefits Test

Similar to the 5% owner test, the 55% average benefits test is a utilization test that looks at actual DCAP benefits paid out. Specifically, under this test, the average DCAP benefits provided to non-HCEs must be at least 55% of the average benefits provided to the HCEs. Thus, on average, for every \$100 reimbursed to HCEs, at least \$55 in benefits must be reimbursed to non-HCEs.

There is some ambiguity on treatment of DCAP forfeitures (amounts left in an employee’s DCAP at the end of the plan year or upon employee termination) under the rules. Where the DCAP is provided through a Section 125/cafeteria plan (almost always the case), the “benefits provided” to employees are the reimbursements actually received under the DCAP, not the elected salary reduction amounts. Based on that, it would seem that unused DCAP amounts forfeited by an employee should not count toward the DCAP “benefits provided” for purposes of the test. On the other hand, given that DCAP claims can be submitted until the close of the plan’s run-out period, performing nondiscrimination testing based on actual benefits provided may not be administratively feasible (as potential forfeitures might not be known at the end of the calendar year). With no direct answer in the rules, and considering practicalities, the more cautious approach is to consider all elected amounts as benefits provided.

55% Average Benefits Test Example

Employer XYZ has seven employees—A, B, C, D, E, F, and G. A and B are HCEs; C, D, E, F, and G are non-HCEs. All employees are eligible to participate in XYZ’s DCAP as of their date of hire. A, B, C, and D participate in the DCAP through the cafeteria plan, using salary reduction agreements, but E, F, and G do not participate in the DCAP at all. A, B, C, and D have each reduced their salaries by \$5,000 and are each provided benefits worth \$5,000 under the plan (i.e., there are no forfeitures).

In running the 55% average benefits test, XYZ must compare the average benefits of the HCEs with those of the non-HCEs. The average benefit provided to the HCEs is \$5,000 $[(\$5,000 + \$5,000) \div 2]$. The average benefit provided to the non-HCEs is \$2,000 $[(\$5,000 + \$5,000 + \$0 + \$0 + \$0) \div 5]$. The average benefit provided to the non-HCEs is 40% of the average benefit provided to the HCEs $(\$2,000 \div \$5,000 = 0.4)$. Consequently, the DCAP fails the 55% average benefits test.

METHODS FOR AVOIDING AND/OR CORRECTING NONDISCRIMINATION FAILURES

Because HCEs typically participate in DCAPs at much higher rates than non-HCEs, it is not unusual for DCAP plans to fail nondiscrimination testing, particularly the 55% average benefits test. To reduce or avoid the likelihood of failure, employers may consider completely excluding HCEs from participating in the DCAP. A less restrictive approach is to cap HCE DCAP elections during open enrollment, before the plan year starts. Yet another approach is to cap HCEs after tests are conducted during the plan year. Employers can also take general steps to increase and improve plan communications to help non-HCEs understand the value of DCAP participation. In addition, employers can offer matching contributions to non-HCEs who participate in the DCAP.

As far as correcting nondiscrimination failures, the cafeteria plan or the DCAP plan document should give the plan administrator authority to reduce or discontinue participants’ salary reductions as needed to comply with the nondiscrimination rules. Plan documents that include this provision allow plan administrators to cut back HCE salary reductions into the DCAP, thereby preserving the exclusion for all participants. Another possible (if aggressive) practice is to re-characterize a portion of the HCE

DCAP benefits as taxable (i.e., by imputing income and withholding applicable income and employment taxes) to the extent necessary for the DCAP to pass the applicable test. An employer that takes this approach might re-characterize an equal percentage of each HCE's benefits or use a "bubble-down" approach under which re-characterizations are made beginning with the HCEs whose benefits are greatest. So long as this is done before the close of the calendar year, such a correction would place a participant in a similar position to that of a prospective cutback in their DCAP salary reductions.

Overall, employers must consider the advantages and disadvantages of each approach to avoiding or correcting nondiscrimination failures. If an employer expects to fail the tests or has capped the DCAP elections of HCEs, tests should be conducted as early in the year as practical, and the employer should clearly communicate any election changes to HCEs whose benefits elections must be adjusted to satisfy nondiscrimination testing (see **Sample Employee Communication** in Appendix B).

CONSEQUENCES OF A DISCRIMINATORY DCAP PLAN DESIGN

Under Section 129, a discriminatory plan design (i.e., one that fails any one or more of the four DCAP nondiscrimination tests) results in adverse tax consequences for HCEs. Specifically, HCEs lose the benefit of the applicable tax exclusion and have the value of the benefit included in their income; that is, their DCAP reimbursements become taxable.

Importantly, non-HCEs are not affected by a discriminatory plan design; they still qualify for all of the tax advantages associated with the DCAP. In addition, there are no monetary penalties for employers for offering a discriminatory plan design; the consequence is borne solely by the affected HCEs.

SUMMARY

Employers of all sizes and types must consider the Section 129 nondiscrimination rules – particularly the problematic 55% average benefits test – to ensure that the plan design doesn't intentionally or unintentionally favor HCEs. In doing so, employers must first identify which employees are HCEs and ensure that the eligibility, benefits/contributions, 5% owner, and 55% average benefits tests are all completed before the end of the plan year (and that adjustments are made if there are failures). Employers must also remember that all employers in a controlled group should be included in the nondiscrimination testing.

To discuss your nondiscrimination compliance considerations and other aspects of your employee benefits program, or for copies of NFP publications, contact your NFP benefits consultant. For further information regarding NFP's full range of consulting services, see [NFP.com](https://www.nfp.com).

About NFP

NFP is a leading property and casualty broker, benefits consultant, wealth manager, and retirement plan advisor that provides solutions enabling client success globally through employee expertise, investments in innovative technologies, and enduring relationships with highly rated insurers, vendors and financial institutions.

Our expansive reach gives us access to highly rated insurers, vendors and financial institutions in the industry, while our locally based employees tailor each solution to meet our clients' needs. We've become one of the largest insurance brokerage, consulting and wealth management firms by building enduring relationships with our clients and helping them realize their goals.

For more information, visit [NFP.com](https://www.nfp.com).

APPENDIX A

IRS Limits on Retirement Benefits and Compensation

	2025	2024	2023
401(k) and 403(b) plan elective deferrals	TBD	\$23,000	\$22,500
Catch-up contributions (age 50 and older)	TBD	\$7,500	\$7,500
Annual compensation limit	TBD	\$345,000	\$330,000
Highly compensated employee threshold*	TBD	\$155,000	\$150,000
Key employee compensation threshold*	TBD	\$220,000	\$215,000
Defined contribution 415 limit	TBD	\$69,000	\$66,000
Defined benefit 415 limit	TBD	\$275,000	\$265,000
SIMPLE employee contribution limit	TBD	\$16,000	\$15,500

See www.irs.gov for more information.

*In general, compensation means total compensation from the employer, including bonuses or commissions as well as contributions made through a 401(k) plan (or similar retirement plan) or through a cafeteria plan or qualified transportation benefit plan.

The chart above is excerpted from the NFP publication **Employee Benefits Annual Limits**. See that publication for other annual limits that affect group health plans.

APPENDIX B

Sample Employee Communication

To: [Personalized Name of Affected HCE Plan Participant]

Subject: Nondiscrimination Testing for [Name of Benefit Plan] for Plan Year [YYYY]

In order for [Name of Company] to pass nondiscrimination testing for the above-referenced benefit plan, we are required from time to time to take corrective measures that include reducing the pre-tax benefit plan contributions of highly compensated employees. This action allows us to maintain the plan's favorable tax status and safe harbor provisions.

Based on the most recent nondiscrimination tests, we have determined that we must reduce your benefit plan election for the referenced plan year as follows:

[Insert details of original and revised plan year election amounts]

If you have already contributed more than the revised plan year amount as of the date of this notice, the excess amount will be returned to you as taxable income as soon as administratively practicable.

Please contact the Human Resources department at [HR email contact] if you have any questions.