



## New for 2024: Fertility Health and Family-Forming Benefits through Carrot Fertility

UPMC Health Plan is working with Carrot Fertility to help employers offer comprehensive, inclusive fertility health and family-forming benefits that are accessible and affordable.

### Want to learn more about Carrot?

Contact your producer or account manager.

*Medical benefits will continue to be administered by UPMC Health Plan.*

If employers choose to offer Carrot, employees will have access to:

- **Personalized support for:**
  - Understanding fertility health.
  - Assisted reproduction (such as in vitro fertilization).
  - Adoption.
  - Gestational carrier arrangements.
  - Egg, sperm, and embryo preservation.
  - Menopause/low testosterone (low T).
- **Unlimited, free virtual visits** with fertility health and family-forming experts to navigate options, costs, and questions.
- **Employer-sponsored funds** for fertility and family-forming services.
- **Exclusive partnerships and discounts**, as well as expert-authored educational videos, articles and more.

## UPMC HEALTH PLAN