HIGHMARK BLUE SHIELD SOUTHEASTERN PENNSYLVANIA REGION

# Plans that work as hard for your business as you do.

For small groups with 50 or fewer employees EFFECTIVE JANUARY 1, 2024

HIGHMARK . 💱 Because Life.™

# Highmark has a plan that's right for your business.

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# Your employees want more from their health care.

Give your employees benefits that make them want to stick around.

Turn the page for network options, plan descriptions, and extra resources that come with our coverage.

## Contact your broker or Highmark Small Group

### representative to get started.

Insurance offered by Highmark Health Insurance Company, an independent licensee of the Blue Cross Blue Shield Association.

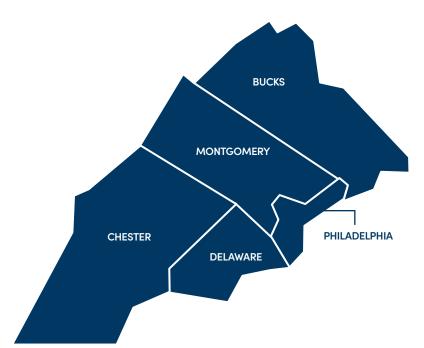


## **PPO Blue**

### PPO Blue (Broad network plan) Plan highlights:

- Site of service benefit available for basic and advanced diagnostic testing and imaging when utilizing in-network freestanding facilities designated as Member Savings Sites.
- Nationwide access to 1.8 million providers, including 97% of all hospitals, through the BlueCard<sup>®</sup> program.\*
- Out-of-network coverage at a higher cost share.
- Access to BlueCard extends coverage across the nation. (Remember that out-of-network providers do not participate and may cost more.)

### **Product Availability**



\* According to the Blue Cross Blue Shield Association, an association of Blue Cross and Blue Shield plans.

### HIGHMARK HEALTH INSURANCE COMPANY<sup>†</sup> 2024 PPO Blue Plans\*\*

### Bucks, Chester, Delaware, Montgomery, and Philadelphia counties

METAL LEVEL	PRODUCT NAME	MEDICAL DEDUCTIBLE		COINSURANCE		OUT-OF-POCKET MAXIMUM (INCLUDES DEDUCTIBLE, COINSURANCE AND COPAYS) <sup>1</sup>		PRIMARY CARE OFFICE VISIT	SPECIALIST OFFICE VISIT <sup>2</sup>	URGENT CARE	OUTPATIENT SURGERY*	INPATIENT HOSPITAL	EMERGENCY ROOM	BASIC DIAGNOSTICS (LAB/PATHOLOGY/ IMAGING)	BASIC DIAGNOSTICS (IMAGING/ X-RAY)	ADVANCED DIAGNOSTICS/ IMAGING (MRI/CAT/PET)	RX (COMPREHENSIVE) <sup>3,4</sup>
		IN-NETWORK (2X FAMILY)	OUT-OF- NETWORK (2X FAMILY)	IN-NETWORK	OUT-OF- NETWORK	IN-NETWORK (2X FAMILY)	OUT-OF- NETWORK (2X FAMILY)	IN-NETWORK	IN-NETWORK	IN-NETWORK	IN-NETWORK	IN-NETWORK	IN-NETWORK	IN-NETWORK	IN-NETWORK	IN-NETWORK	LOW-COST GENERIC/ STANDARD GENERIC/ BRAND FORMULARY/ NON-FORMULARY/ SPECIALTY FORMULARY/ SPECIALTY NON-FORMULARY/
		MEMBER PAYS	;	PLAN PAYS	I	MEMBER PAYS			1		1		1		1		
Platinum	PPO Blue \$0 100/80 Platinum	\$0	\$1,500	100%	80%	\$4,000	\$8,000	\$20	\$35	\$45	\$25	\$200 per day, up to five days, then \$0	\$175	Member savings site: \$20 All others: \$40	Member savings site: \$30 All others: \$60	Member savings site: \$100 All others: \$200	\$3/\$10/\$50/\$90/20%/30%
Gold	PPO Blue \$0 100/80 Gold	\$0	\$500	100%	80%	\$9,100	\$18,200	\$35	\$80	\$90	\$250	\$500 per day, up to five days, then \$0	\$500	Member savings site: \$0 All others: 20%	Member savings site: \$80 All others: \$160	Member savings site: \$150 All others: \$300	\$3/\$15/\$60/\$150/20%/30%
Gold	PPO Blue \$500 100/80 Gold	\$500	\$1,000	100%	80%	\$9,100	\$18,200	\$30	\$70	\$75	\$0 after ded.	\$0 after ded.	\$405	Member savings site: \$65 All others: \$130	Member savings site: \$65 All others: \$130	Member savings site: \$375 All others: \$750	\$3/\$20/\$60/\$90/20%/30%
Gold	PPO Blue \$1000 100/80 Gold	\$1,000	\$2,000	100%	80%	\$9,100	\$18,200	\$30	\$60	\$70	\$100 after ded.	\$0 after ded.	\$350	Member savings site: \$60 All others: \$120	Member savings site: \$60 All others: \$120	Member savings site: \$350 All other: \$700	\$3/\$40/\$80/\$125/20%/30%
Gold	PPO Blue \$1400 100/80 Gold	\$1,400	\$2,800	100%	80%	\$8,000	\$16,000	\$20	\$50	\$60	\$100	\$0 after ded.	\$250	Member savings site: \$50 after ded. All others: \$100 after ded.	Member savings site: \$50 after ded. All others: \$100 after ded.	Member savings site: \$200 after ded. All others: \$400 after ded.	\$3/\$15/\$70/\$150/20%/30%
Gold	PPO Blue Qualified \$1600 100/80 Gold	\$1,600	\$3,200	100%	80%	\$5,000	\$10,000	\$0 after ded.	\$0 after ded.	\$0 after ded.	\$175 after ded.	\$0 after ded.	\$0 after ded.	Member savings site: \$0 after ded. All others: 20% after ded.	Member savings site: \$0 after ded. All others: 20% after ded.	Member savings site: \$0 after ded. All others: 20% after ded.	\$3/\$10/\$50/\$90/20%/30%
Gold	PPO Blue Qualified \$2400 95/75 Gold	\$2,400	\$4,800	95%	75%	\$7,450	\$14,900	5% after ded.	\$20 after ded.	\$30 after ded.	5% after ded.	5% after ded.	5% after ded.	Member savings site: 5% after ded. All others: 5% after ded.	Member savings site: 5% after ded. All others: 5% after ded.	Member savings site: 5% after ded. All others: 5% after ded.	\$0 after ded.
Gold	PPO Blue \$2500 100/80 Gold	\$2,500	\$5,000	100%	80%	\$7,000	\$14,000	\$40	\$80	\$90	\$0 after ded.	\$0 after ded.	\$400	Member savings site: \$0 after ded. All others: 20% after ded.	Member savings site: \$70 All others: \$140	Member savings site: \$150 All others: \$300	\$3/\$20/\$60/\$90/20%/30%

\* Refers to outpatient surgical procedure provided in a hospital or ambulatory surgical facility setting.
† Plans offered by Highmark Health Insurance Company.
\*\* PremierBlue Shield Preferred Professional Provider Network and the Highmark Blue Shield Participating Facility Provider Network.

Please refer to page 16 for footnotes.

To view the full benefit grid, click on the product name above or contact your local broker.

## HIGHMARK HEALTH INSURANCE COMPANY<sup>†</sup> 2024 PPO Blue Plans\*\*

### Bucks, Chester, Delaware, Montgomery, and Philadelphia counties

METAL LEVEL	PRODUCT NAME	MEDICAL DEDUCTIBLE		COINSURANCE		OUT-OF-POCKET MAXIMUM (INCLUDES DEDUCTIBLE, COINSURANCE AND COPAYS) <sup>1</sup>			SPECIALIST OFFICE VISIT <sup>2</sup>		OUTPATIENT SURGERY*	INPATIENT HOSPITAL	EMERGENCY ROOM	BASIC DIAGNOSTICS (LAB/PATHOLOGY/ IMAGING)	BASIC DIAGNOSTICS (IMAGING/ X-RAY)	ADVANCED DIAGNOSTICS/ IMAGING (MRI/CAT/PET)	RX (COMPREHENSIVE) <sup>3, 4</sup>
		IN-NETWORK (2X FAMILY)	OUT-OF- NETWORK (2X FAMILY)	IN-NETWORK	OUT-OF- NETWORK	IN-NETWORK (2X FAMILY)	OUT-OF- NETWORK (2X FAMILY)	IN-NETWORK	IN-NETWORK	IN-NETWORK	IN-NETWORK	IN-NETWORK	IN-NETWORK	IN-NETWORK	IN-NETWORK	IN-NETWORK	LOW-COST GENERIC/ STANDARD GENERIC/ BRAND FORMULARY/ NON-FORMULARY/ SPECIALTY FORMULARY/ SPECIALTY NON-FORMULARY
		MEMBER PAYS		PLAN PAYS		MEMBER PAYS											
Gold	PPO Blue Qualified Embedded \$3200 1x 100/80 Gold	\$3,200 — 1x family	\$6,400 — 1x family	100%	80%	\$7,000 — 1x family	\$14,000 — 1x family	\$0 after ded.	\$0 after ded.	\$0 after ded.	\$0 after ded.	\$0 after ded.	\$0 after ded.	Member savings site: \$0 after ded. All others: 20% after ded.	Member savings site: \$0 after ded. All others: 20% after ded.	Member savings site: \$0 after ded. All others: 20% after ded.	\$3/\$10/\$50/\$90/20%/30%
Gold	PPO Blue \$3500 100/80 Gold	\$3,500	\$7,000	100%	80%	\$7,450	\$14,900	\$0 after ded.	\$0 after ded.	\$0 after ded.	\$0 after ded.	\$0 after ded.	\$0 after ded.	Member savings site: \$0 after ded. All others: 20% after ded.	Member savings site: \$0 after ded. All others: 20% after ded.	Member savings site: \$0 after ded. All others: 20% after ded.	\$3/\$15/\$75/\$125/20%/30%
Silver	PPO Blue \$0 100/80 Silver	\$0	\$1,000	100%	80%	\$9,450	\$18,900	\$60	\$80	\$90	\$200	\$500	\$650	Member savings site: \$75 All others: \$150	Member savings site: \$150 All others: \$300	Member savings site: \$500 All others: \$1,000	\$3/\$40/\$80/\$125/20%/30%
Silver	PPO Blue \$3800 70/50 Silver	\$3,800	\$7,600	70%	50%	\$9,100	\$18,200	\$40	\$80	\$90	30% after ded.	30% after ded.	30% after ded.	Member savings site: 30% after ded. All others: 50% after ded.	Member savings site: 30% after ded. All others: 50% after ded.	Member savings site: 30% after ded. All others: 50% after ded.	\$3/\$40/\$80/\$125/20%/30%
Silver	PPO Blue Qualified Embedded \$4250 100/80 Silver	\$4,250	\$8,500	100%	80%	\$7,500	\$15,000	\$0 after ded.	\$0 after ded.	\$0 after ded.	\$0 after ded.	\$0 after ded.	\$0 after ded.	Member savings site: \$0 after ded. All other network providers: 20% after ded.	Member savings site: \$0 after ded. All other network providers: 20% after ded.	Member savings site: \$0 after ded. All others: 20% after ded.	\$3/\$40/\$75/\$150/20%/30%
Silver	PPO Blue PPO \$4500 100/80 Silver	\$4,500	\$9,000	100%	80%	\$9,100	\$18,200	\$40	\$70	\$80	\$200 after ded.	\$200 after ded.	\$355 after ded.	Member savings site: \$70 All others: \$140	Member savings site: \$70 All others: \$140	Member savings site: \$300 after ded. All others: \$600 after ded.	\$3/\$40/\$80/\$125/20%/30%
Bronze	PPO Blue Qualified Embedded \$7350 100/80 Bronze	\$7,350	\$14,700	100%	80%	\$7,350	\$14,700	\$0 after ded.	\$0 after ded.	\$0 after ded.	\$0 after ded.	\$0 after ded.	\$0 after ded.	Member savings site: \$0 after ded. All others: 20% after ded.	Member savings site: \$0 after ded. All others: 20% after ded.	Member savings site: \$0 after ded. All others: 20% after ded.	\$0 after ded.

\* Refers to outpatient surgical procedure provided in a hospital or ambulatory surgical facility setting. \*\* PremierBlue Shield Preferred Professional Provider Network and the Highmark Blue Shield Participating Facility Provider Network.

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† Plans offered by Highmark Health Insurance Company.



# Extra resources you won't find in other plans

BLUECARD AND BLUE CROSS BLUE SHIELD GLOBAL® CORE PROGRAM Coverage that goes where your employees go.

Around town or coast to coast, your employees get access to 1.8 million providers and 97% of hospitals, and they're even covered in 190 countries.

### WELL360 VIRTUAL HEALTH Personalized care where and when employees need it.

No more waiting rooms, no more waiting to schedule. Your employees can get care from wherever they are with a boardcertified doctor, 24/7. They can register with **well360virtualhealth.com** or log in if they are already using the Amwell<sup>®</sup> site.

### BLUE DISTINCTION® See specialists who get results.

Only doctors who consistently deliver safe, effective treatments make our Blue Distinction list. When your employees use our Find a Doctor tool, a special logo will appear by the provider's name.

\*According to the Blue Cross Blue Shield Association, an association of Blue Cross and Blue Shield plans.

### BLUES ON CALL<sup>™</sup> Answers from a health pro, 24/7.

For medical concerns after hours, your employees can get guidance at any time from a registered nurse or a health coach.

### DIABETES MANAGEMENT POWERED BY ONDUO Personalized support to control diabetes.

Tools to help your employees track their blood sugar and manage diabetes from wherever they are.

### COPAY ARMOR POWERED BY PILLARRX Help your employees save on medications.

**S.** This copay assistance program reduces or completely covers the cost of certain high-cost specialty medications.



# Endless support to help your employees on their journey to better health

### HEALTH COACHES Personalized support for health goals.

Looking to lose weight? Quit smoking? Be more active? A wellness coach can create a personalized plan for your employees, right over the phone, on their schedule. Sessions are confidential and there is no additional cost.

### BLUE365<sup>sm</sup>

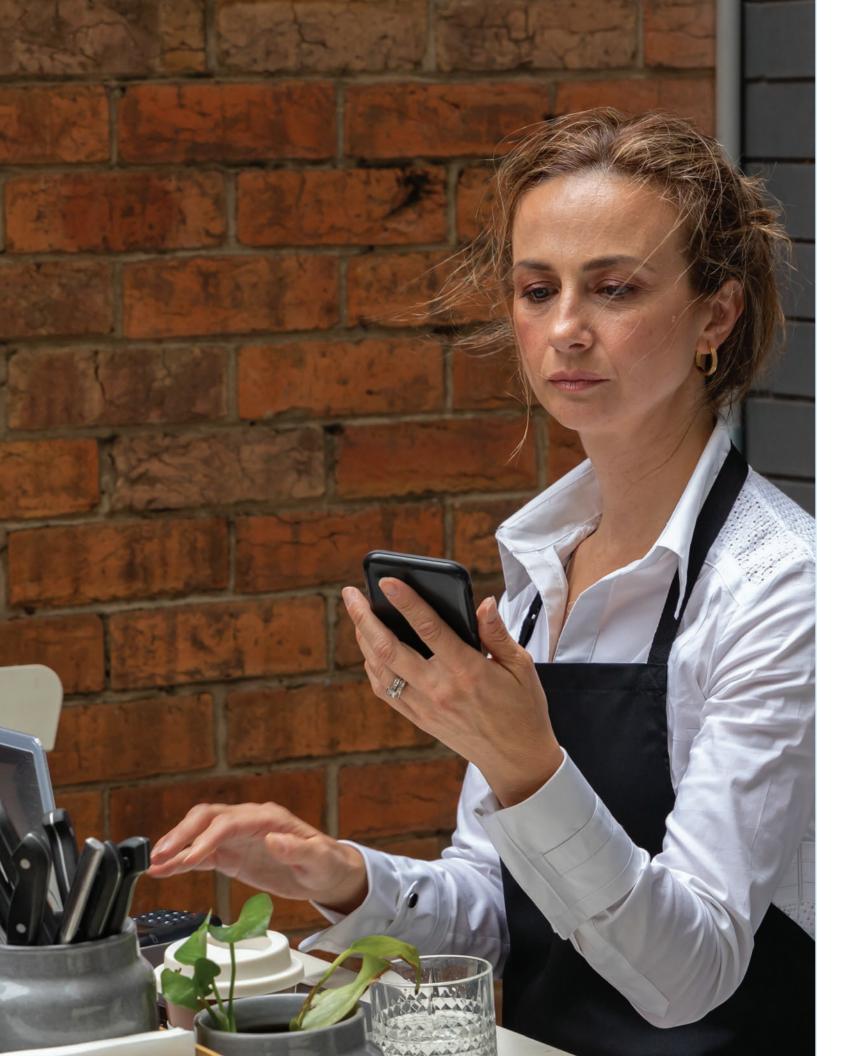
### Discounts to help your employees stay healthy and active.

From workout gear to personal wellness to healthy meal services, we'll take a little off the top while they're taking a little off their middle. Member-only deals are at **blue365deals.com**. VIRTUAL PHYSICAL CARE PROGRAM POW-ERED BY SWORD Virtual physical care, anytime, anywhere you happen to be.

Sword puts technology and the expertise of a physical therapist at your fingertips to help you overcome joint and muscle pain.

### MENTAL WELL-BEING Give your members care that meets them where they are.

Mental Well-Being is a solution that provides mental health support tailored to each individual member. And it's available on our app and website.



# The fundamentals of coverage

Any health plan you choose should include resources that help your employees manage their health. Ours make the process seamless.

### MEMBER SERVICE Total support, day or night.

Whether it's 24/7 answers from registered nurses, a diagnosis or prescription via video visit, or just some help booking their doctor visits, when they need us, we're there. They in owe for core. Before making an appointment for a test, scan, or procedure, your employees can use our Care Cost Estimator to estimate their bill.

### MEMBER APP AND WEBSITE My Highmark helps your employees take care of their health.

It's the one-stop digital experience that makes it easier for them to manage their health, with programs tailored to their interests and needs. Employees can visit **myhighmark.com** to learn more. CARE COST ESTIMATOR Employees can know what they'll owe for care.

### **IMPORTANT PLAN DETAILS:**

- 1 Out-of-pocket maximum calculation includes deductible, copayment, and coinsurance.
- 2 Specialist cost-sharing amounts also apply to outpatient: mental health, behavioral health, substance abuse, chiropractic, physical therapy, and speech therapy office visits.
- 3 Rx information displayed: Retail up to 31-day supply. NOTE: Member's maximum coinsurance payment for a retail Specialty Rx is \$350 Formulary/\$500 Non-Formulary.
- 4 Integrated Rx plans include all medical and prescription claims accumulating toward one overall deductible.

### **EMBEDDED PLANS:**

In this approach, an individual family member can be eligible for payment of benefits upon meeting the individual deductible amount (even if the rest of the family has not met the family deductible amount). Additionally, an individual family member's out-of-pocket (OOP) maximum will be the same as that of a member purchasing individual coverage for the specified health plan.

A health savings account (HSA) is available to employees. Employer contributions in amounts that exceed annual federally mandated maximum(s) may result in actuarial value changes that may impact compliance as a qualified health plan.

#### **NON-EMBEDDED PLANS:**

In this approach, the entire family deductible must be met before any family member is eligible for payment of benefits. Additionally, the entire family out-of-pocket (maximum) must be met before the plan begins paying 100%. One family member may satisfy the entire family deductible and/or OOP.

This is not a contract. This benefits summary presents plan highlights only. Contract limitations and exclusions apply. Please refer to the benefits booklet for complete information.

To determine the availability of services under your health plan, please review your contract for details on benefits, conditions, and exclusions or call the number on the back of your member ID card.

Information above presents in-network plan highlights only. PPO plans also provide benefits for many out-of-network services, generally with higher member cost sharing. Please see plan materials for information.

## **Notes**

### There's a whole lot of legalese around these plans. We put it all in one place for you.

Benefits and/or benefit administration may be provided by or through the following entities, which are independent licensees of the Blue Cross Blue Shield Association: Highmark Inc. d/b/a Highmark Blue Shield, Highmark Benefits Group Inc., Highmark Health Insurance Company, Highmark Choice Company or Highmark Senior Health Company.

#### Your plan may not cover all your health care expenses. Read your plan materials carefully to determine which health care services are covered. For more information, call the number on the back of your member ID card or, if not a member, call 866-459-4418.

All references to "Highmark" in this document are references to the Highmark company that is providing the member's health benefits or health benefit administration and/or to one or more of its affiliated Blue companies.

Sword Health, Inc. does not provide health care services. Sword Health, Inc. is an independent company that provides wellness services for your health plan.

Sword Health Professionals provides its services through a group of independently owned professional practices consisting of Sword Health Care Providers, P.A., Sword Health Care Providers of NJ, P.C., and Sword Health Care Physical Therapy Providers of CA, P.C.

The Sword virtual physical care program is made available with support from Sword Health.

Amwell is an independent company that provide telemedicine services. Amwell does not provide Blue Cross and/or Blue Shield products or services and it is solely responsible for its telemedicine services.

Onduo is a separate company that provides a virtual diabetes care program for Highmark members.

Highmark has contracted with PillarRx, an independent company, to secure manufacturer discounts for select prescription medications. Savings for Highmark members will vary based on drug, member copay, and program requirements. The member will never pay more than the Plan copay

Blue Cross Blue Shield Global® Core is a registered mark of the Blue Cross Blue Shield Association.

Blue 365, Blue Distinction, BlueCard, Blue Cross, Blue Shield and the Cross and Shield symbols are registered service marks of the Blue Cross and Blue Shield Association.

Blues On Call is a service mark of the Blue Cross Blue Shield Association.

Blue 365 is a registered mark of the Blue Cross Blue Shield Association.

Blue Distinction<sup>®</sup> Specialty Care is a registered mark of the Blue Cross Blue Shield Association. Blue Distinction Centers (BDC) met overall quality measures, developed with input from the medical community. A Local Blue Plan may require additional criteria for providers located in its own service area; for details, contact your Local Blue Plan. Blue Distinction Centers+ (BDC+) also met cost measures that address consumers' need for affordable health care. Each provider's cost of care is evaluated using data from its Local Blue Plan. Providers in CA, ID, NY, PA, and WA may lie in two Local Blue Plans' areas, resulting in two evaluations for cost of care; and their own Local Blue Plans decide whether one or both cost of care evaluation(s) must meet BDC+ national criteria. Total Care ("Total Care") providers have met national criteria based on provider commitment to deliver value-based care to a population of Blue members. Total Care+ providers also met a goal of delivering quality care at a lower total cost relative to other providers in their area. Program details are displayed on www. bcbs.com. Individual outcomes may vary. For details on a provider's in-network status or your own policy's coverage, contact your Local Blue Plan and ask your provider before making an appointment. Neither Blue Cross and Blue Shield Association nor any Blue Plans are responsible for non-covered charges or other losses or damages resulting from Blue Distinction, Total Care, or other provider finder information or care received from Blue Distinction, Total Care, or other providers.

#### Discrimination is Against the Law

The Claims Administrator/Insurer complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex, including sex stereotypes and gender ident The Claims Administrator/Insurer does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex assigned at birth, gender identity or recorded gender. Furthermore, the Claims Administrator/Insurer will not deny or limit coverage to any health service based on the fact that an individual's sex assigned at birth, gend identity, or recorded gender is different from the one to which such health service is ordinarily available. The Claims Administrator/Insurer w not deny or limit coverage for a specific health service related to gender transition if such denial or limitation results in discriminating against a transgender individual. The Claims Administrator/Insurer:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
- Qualified sign language interpreters
- Written information in other formats (large print, audio, accessible electronic formats, other formats)
- · Provides free language services to people whose primary language is no English, such as:
- Oualified interpreters
- Information written in other languages

If you need these services, contact the Civil Rights Coordinator.

If you believe that the Claims Administrator/Insurer has failed to provide these services or discriminated in another way on the basis of race, color national origin, age, disability, or sex, including sex stereotypes and gender identity, you can file a grievance with: Civil Rights Coordinator, P.O. Box 22492, Pittsburgh, PA 15222, Phone: 1-866-286-8295, TTY: 711, Fax: 412-544-2475, email: CivilRightsCoordinator@highmarkhealth.org. You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, the Civil Rights Coordinator is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services 200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201 1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html

	If you speak English, language assistance services, free of charge, are available to you. Call 1-800-876-7639.										
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	如果您说中文,可向您提供免费语言协助服务。 請致電 1-800-876-7639.										
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	Si vous parlez français, les services d'assistance linguistique, gratuitement, sont à votre disposition. Appelez au 1-800-876-7639.										
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	Se a sua língua é o português, temos atendimento gratuito para você no seu idioma. Ligue para 1-800-876-7639.										
	Se parla italiano, per lei sono disponibili servizi di assistenza linguistica a titolo gratuito. Chiamare l'1-800-876-7639.										
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	日本語が母国語の方は言語アシスタンス・ サービスを無料でご利用いた だけます。 1-800-876-7639 を呼び出します。										
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