

Yoga, CrossFit, boxing and more

Help employees get fit on their terms

For a small business, every employee counts — and there's no one-size-fits-all approach to keeping them healthy. That's why Aetna Funding AdvantageSM (AFA) will include access to group fitness classes without any membership costs or long-term commitments for employees. Starting 10/1, all new and renewing AFA plans will provide the employee with monthly credits¹ that can be redeemed for up to four standard classes so employees can warrior pose, job or burpee their way to health.



Register

Employees create an account with our partner Peerfit and, as an AFA member, begin receiving monthly credits that can be exchanged for classes.



Find a class

Employees search Peerfit's directory to find a studio and class that interests them. Employees can also nominate their favorite studio/class if it's not in the network.



Redeem credits

Once they find a class, employees exchange their credits to reserve a spot in their desired class. Employees also have the option to purchase additional credits at a discounted rate if they want to use more than their monthly allowance.



Sweat

Employees show up to their class at the selected date and time, and dance, spin, run or lift their way to health.



Made available through Aetna.

¹ Employees are provided with monthly credits that can be exchanged for classes from studios in the Peerfit network. Credits reset each month and the number of credits provided are based on the employee's home ZIP code. The number of credits required per class varies based on studio and class type. On average, the number of credits provided covers the cost of four standard classes per month.

Peerfit Inc. is an independent provider of fitness and wellness technologies, empowering individuals to live healthy and active lifestyles by making wellness accessible and enjoyable through the power of choice and community-driven motivation.

Aetna is the brand name used for products and services provided by one or more of the Aetna group of subsidiary companies, including Aetna Life Insurance Company and its affiliates (Aetna). Aetna Funding Advantage (AFA) plans are self-funded, meaning the benefits coverage is offered by the employer. Aetna Life Insurance Company only provides administrative services and offers stop-loss insurance coverage to the employer.