



Making employee wellness easy, affordable and effective

The benefits of having a workplace wellness program have been well documented. These initiatives are proven to lead to reduced health care costs and absenteeism, not to mention enhanced team member engagement, productivity and loyalty. They also help to reinforce an employer's commitment to employees.

But how can you implement and maintain a successful employee wellness program without making a huge investment in time and resources? By partnering with a firm whose sole focus is on delivering and managing cost-effective, results-oriented wellness initiatives.

Exclusive focus on wellness

At Wellness/Q, **employee wellness is all that we do.** Since 2007, our team has orchestrated and managed dynamic, flexible wellness initiatives for hundreds of organizations throughout the U.S. by acting as an extension of their teams. From private companies with 100 employees to publicly traded organizations with thousands of team members across multiple locations and every size in between, our customers leverage our established infrastructure to provide turn-key wellness solutions that are aligned with their specific goals and culture to promote employee engagement, strengthen team building and achieve measurable results.

During the past decade, our exclusive focus on employee well-being has led to exponential growth — consistently landing Wellness/Q on the annual Inc. 5000 List of America's Fastest-Growing Companies.

Wellness IQ
Earning Your Way to Better Health

Comprehensive solutions tailored to needs

Wellness/Q customizes each wellness program to support the customer's mission, recognize employees for their contributions and foster a collaborative environment. We start by navigating our integrated portfolio of best-in-class wellness partners to find the optimal fit. Then we harness the customer's current employee communication channels to generate awareness, consistently reinforce achievements and encourage involvement of volunteer employee champions. Our programs typically incorporate multi-year incentive strategies and individual and team competitions to stimulate higher engagement and can be implemented in as few as 90 days.

Dedicated to wellness

Our multi-disciplinary Sales and Account Management team is the heart of Wellness/Q. Team members experience and education in health care-related disciplines, including employee benefits, exercise physiology, personal training and health education, just to name a few. After a program is implemented, your dedicated account manager oversees day-to-day management — freeing up your benefits team to focus on other tasks. Our team measures and benchmarks results, identifies trends and opportunities and recommends strategies to keep each program fresh and encourage more participation.

Get started

Want more details on how Wellness/Q can tailor a comprehensive wellness program for less than a cup of coffee per day per employee? **Contact us today.**

1.888.935.5471

info@wellnessiq.net

Visit our website at www.wellnessiq.net.



A complete solution

Wellness/Q has established relationships with numerous nationally acclaimed partners for wellness solutions, biometrics and devices and apps. We select the ideal mix of solutions provided by these partners to create an employee wellness program that fits each customer's unique needs.

Best-in-Class National Wellness Solutions

- MeYou Health
- Redbrick Health
- Virgin Pulse
- Vitality

National Biometrics Partners

- Central Wellness
- Clinical Reference Laboratory
- eHealthScreenings
- Impact Health
- Maxim Healthcare
- OccuVAX
- Quest Diagnostics

Integrated Devices and Apps

- Apple
- Fitbit
- Garmin

Best-in-Class Wellness Solutions

Wellness/Q delivers wellness solutions that are aligned with each customer's unique goals and culture to promote an environment of employee engagement and measurable results. Our integrated portfolio includes nationally acclaimed wellness solutions providers that have the technology and account management to achieve these goals.



Vitality

Take charge of your health. Reward your life.

- Outcomes-based wellness program
- Verified activities
- Personalized pathway for members
- Global options



MeYou Health

Engagement. Guaranteed.

- Open social support, building engagement
- Daily activities and steps
- Industry-leading smoking cessation



RedBrick Health

Adopt better health behaviors and make smarter healthcare decisions.

- Member-centered health coaching
- Track and capture daily activities
- Personalized experience



Virgin Pulse

Your People. Your Culture. Your Way.

- Mobile-based technology
- Heart age and lifestyle score
- Fresh content and quarterly programs
- Global options

Get started

Contact Wellness/Q at 1.888.935.5471 or info@wellnessiq.net for more details on how to tailor a comprehensive program for your prospects and customers.

National Biometric Partners

Wellness/Q has established relationships with numerous nationally acclaimed partners for biometrics. In collaboration with the employer and benefits consultant, we select the partner best-suited to fit the customer's needs. Biometric screenings are the basis for an effective wellness program and are part of every new client implementation and existing customer renewal review.

Wellness/Q coordinates the on-site and off-site schedules, registration, communication and pricing for the biometric and flu shot events. We are digitally integrated with a number of our biometric partners and solution vendors for the efficient, effective and HIPAA-compliant submission of results for each participant. Your sales and account management team at Wellness/Q streamlines the multitude of check points and data elements involved in a biometric or flu shot event.

Screening event options include:

- On-site and off-site venipuncture
- On-site fingerstick
- Standard screenings for blood pressure, cholesterol, BMI, glucose and cotinine
- Flu shots
- Personalized results and counseling

Our partners include:

- Central Wellness
- Clinical Reference Laboratory
- eHealth Screenings
- Impact Health
- Maxim Healthcare
- OccuVAX
- Quest Diagnostics

